

Fun St. Patrick's Day Recipes for Children

Aoife Dumousseaux was born in Bantry Co. Cork and moved to France 20 years ago. She's been married to a very lucky French man for 19 of those and has four Franco-Irish Children. Aoife is also a teacher in the Lennen Bilingual (Franco/American) school, in the centre of Paris, and is the reason why they celebrate St. Patrick's Day every year.

Aoife teaches the children about Irish culture and traditions and makes a few of her own, like this green slime and shamrock cookies, which she is very generously sharing with us!



Green slime



Ingredients

- ½ cup of glue
- Green food dye
- 3-4 cups of shaving foam
- Saline solution
- Baby oil
- Glitter (optional)

Method

1. Put ½ cup glue into a bowl.
2. Add the dye for colour - just a few drops for a light colour, or more for darker colour
3. Stir to mix in the colour.
4. Add around 3-4 cups of shaving cream into the bowl.
5. Stir in ¼ tsp baking soda.
6. Add 1tbsp saline solution and mix.
7. Mix thoroughly and knead the mixture. This is when it turns into slime!
8. Use a small amount of baby oil at the end to reduce the stickiness of the slime.

Shamrock biscuits



Ingredients:

- 100g of icing sugar
- 200g of butter cut in cubes
- 370g of flour
- 1 egg
- 1 pinch of salt
- 1 teaspoon of vanilla sugar or vanilla essence
- Green food colouring

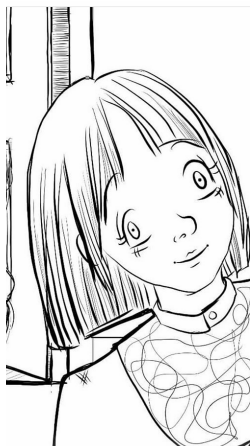
Method:

1. Cream icing sugar and butter until light and creamy. Gradually beat in egg, salt, food colouring and the vanilla in bowl.
2. Sift the flour into the butter mixture and fold to make a stiff dough.
3. Wrap in cling film and place in fridge for 1 hr.
4. Knead lightly and roll out to 5mm thickness, cut into shapes using a shamrock cookie cutter.
5. Bake at 180°C for 10-12min or until golden (green!)



St Patricks Day Themed Colouring Sheets

Designed for the Irish in France by Ciara Chapman.



Ciara Chapman is an award winning illustrator living in Cork city, Ireland. Ciara's educational background is in Fine Art Printmaking and Graphic Design but her love for drawing goes back much further. Ciara is a member of Cork Printmakers Workshop, Visual Artists Ireland and the Institute of Designers in Ireland.

Ciara exhibits throughout Ireland regularly as well as doing freelance work and work on exciting projects like DIVA at Electric Picnic in 2018.

She started an illustrated blog in January 2016 to chronicle her experiences with chronic pain. Ciara received press coverage for this diary in 2018 as well as a Commendation from the Institute of Designers in Ireland.

Most recently Ciara was awarded a Silver A Design award for one of her illustrated diary entries titled 'Invisible Pain'.

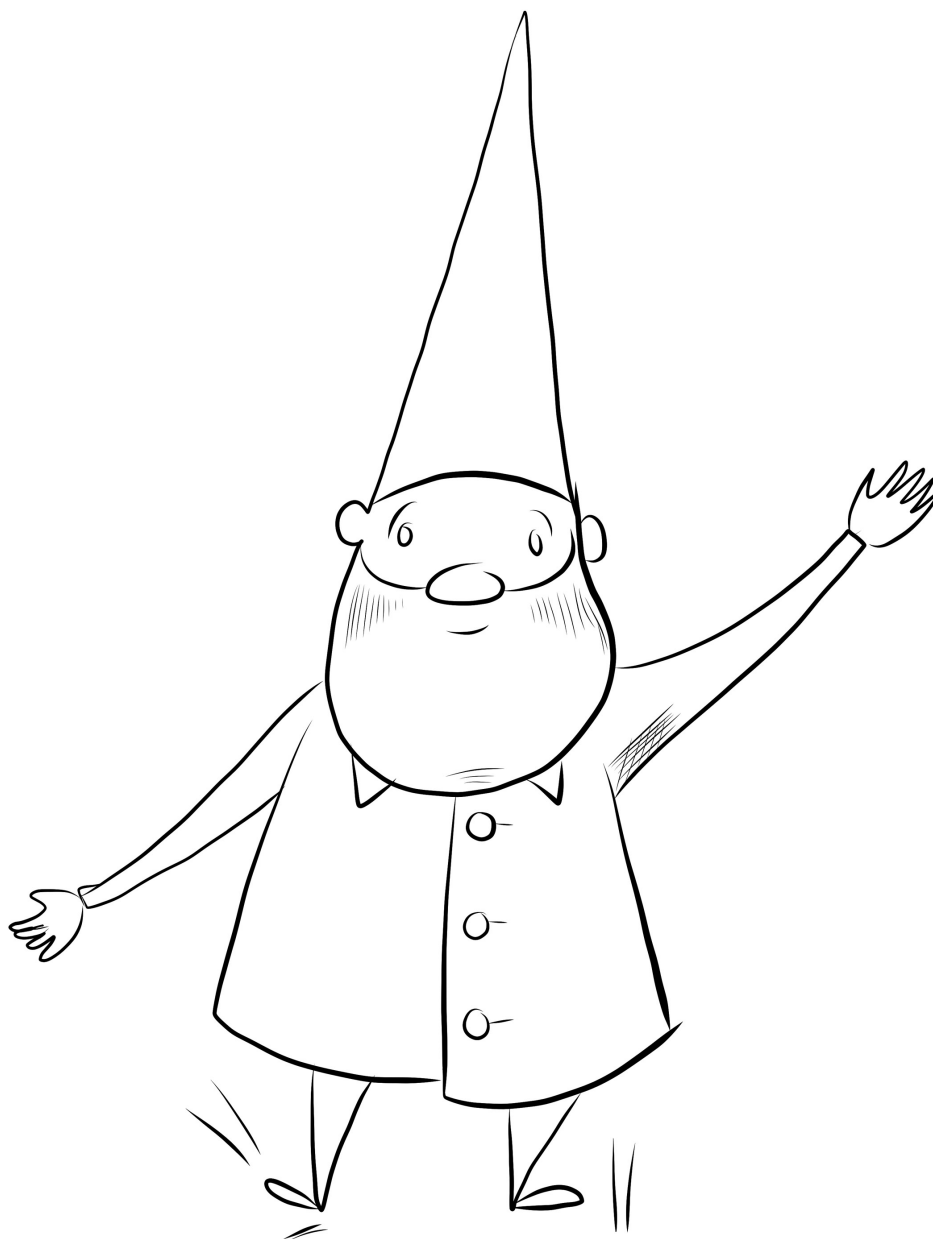
www.mychronicpaindiary.com

If you would like to contact Ciara, email her at info@ciarachapman.com or mychronicpaindiary@gmail.com.

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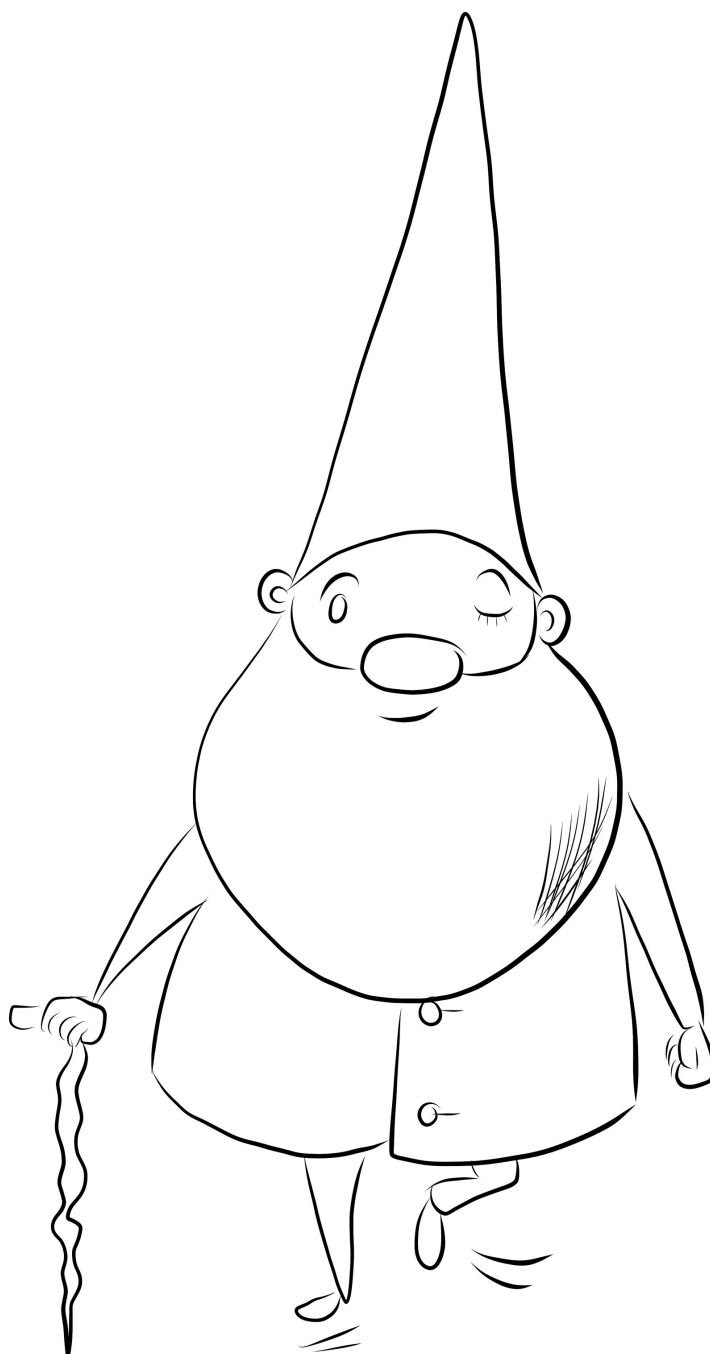


















Links to St. Patrick's Day themed Activities

- [Make a Shamrock](#)

<https://www.youtube.com/watch?v=R7IJda-4kY8>

- [Eraser stamped St. Patrick's Day t-shirt](#)

<https://www.youtube.com/watch?v=RTBiWm2R8b8>

- [Leprechaun](#)

<https://www.youtube.com/watch?v=gIXf-wiejFE>

- [Saint Patrick's Day Face-painting](#)

<https://www.youtube.com/watch?v=Vxplo0GMXz0>

